

Hi!

Thank you for requisitioning a session through me. In the session, I voice channel the Ascended Masters by connecting with them and speaking their thoughts and ideas. The reading is about you and your life and any questions you have.

If you would like a session, please let me know and we can arrange a day and time. Most of my readings are done over the phone.

Here is a brief summary of a session:

1. A few days before the session, please email me a list, vague or short is ok, of questions you have for the session. The questions beforehand simply enhance the flow of energy. When we meet, you may ask anything you like. It is a conversation between you and the Ascended Master.
2. At our meeting time, you may choose from the following list, who you would like to speak with, or you may leave it open. Either one is perfect! The Ascended Masters I work with are:
 - Sananda (Jesus)
 - Mary Magdalene
 - Mother Mary
 - Quan Yin
 - White Buffalo Calf Woman
 - P'taah – my Pleiadian guide and teacher
 - Chief Crazy Horse
 - Chief Sitting Bull
 - The Family of Light – a group of very evolved, Ascended Light beings
 - Arch Angel Michael
3. At the meeting time, you may call me in my reading room: 928-777-8883. The session lasts around an hour or so. All readings are done in Arizona time. Please check <http://www.timeanddate.com/> for the time in Arizona.
4. If you like, you may tape the session. I can also do that here.
5. The first few minutes of our time together is a brief communication of your questions and a bit of getting to know you.
6. I say a short opening prayer/deedee right before the channeling.

7. After the Ascended Master closes the session, I, Kate, will come back in and also close the session as well. That way you can stay in the energy between you and the Master.
8. I appreciate payment via my website before the session. Thank you.